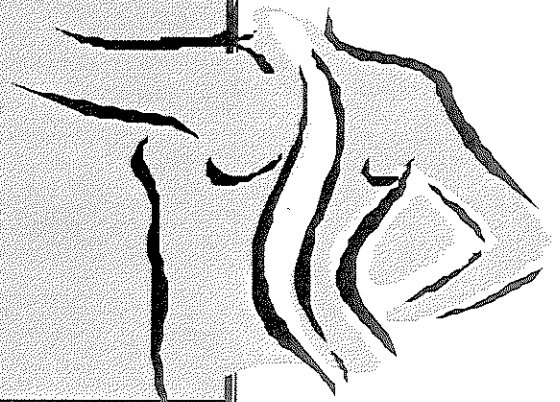


Subluxations Sabotage Your Health!

Remove This Mind-Body Interference and Be Your Best!



Did you know that your nerve system is the remarkable link responsible for communication between your mind and body? In fact, nerve fibers flow into every cell, tissue, and organ of your body, and have direct links to your *immune system!* That's why keeping your spinal cord and nervous system healthy is essential if you want to be healthy and *live life to its fullest!*

As early as 1993, scientists uncovered evidence of an anatomical connection between the nerve and immune system.¹ Subsequently, they discovered that if these nerves were removed from the spleen or lymph nodes, "*You virtually stopped the immune responses in their tracks.*"² These same nerves are not only linked to your immune system but are the suppliers of communication to all of your body's muscles and vital organs. *When vertebrae (spinal bones) are misaligned, they can cause compression, stretching, or pinching on these nerves resulting in altered organ function, nerve damage, "dis-ease" and sickness.*

Research is proving that spinal nerves are much more susceptible to pressure than previously thought. A University of Colorado study concluded that only 5-10mm of mercury pressure (*about the weight of a dime*) can reduce nerve transmission³ while the stretching of a nerve by as little as 6% can **decrease its strength by up to 70%.**⁴ The vital connection between *your health and vitality and the health of your spine can no longer be ignored!* Subluxations are silent killers that can compromise your immune system, organ function, central nervous system and your overall health. **Left Unchecked, Subluxations Diminish Your Quality of Life and Can...**

- ↳ Reduce Range of Motion
- ↳ Make You Feel Old Before Your Time
- ↳ Cause Acute and Chronic Pain
- ↳ Cause Loss of Energy and Fatigue
- ↳ Reduce Ability to Cope With Stress
- ↳ Cause Bone Deformation, Scar Tissue, Disc Decay

- ↳ Cause Degeneration of Cartilage and Bone
- ↳ Cause Loss of Height With Age
- ↳ Diminish Athletic Performance
- ↳ Lead to Physical and Mental Disability
- ↳ Contribute to Attention Deficit Disorder, Addictive Behavior, Psychosis and More
- ↳ Cause Spinal Canal Narrowing

1. New York Times, May-1993 2. "Healing and the Mind", Bill Moyers.
3. "In Touch"-1999, study by Journal of Manipulative and Physiological Therapeutics.
4. "In Touch"-1999, study by Journal of Bone and Joint Surgery.

Millions of people are seeking out and utilizing chiropractors to help them improve their health and quality of life. Experience the difference chiropractic can make for you and your family. Make an appointment today!

For more information or to schedule an appointment, call Advance Wellness Center at 614-488-6820.